



PRACTICAL INFORMATION



EUROCITIES ENVIRONMENT FORUM Oslo 23-25 October 2019



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About Oslo

Oslo is the capital city of Norway, and with its population of 681 067 it is also the largest city in the country. Archeological excavations date the foundation of the city to around the year 1000, although the Nordic sagas tell us that the city was founded by the Norwegian King Harald Hardrada in 1048. The city's urban area is relatively compact and nestled between the Oslo Fjord and forested hills. Approximately two thirds of the total municipal area of Oslo is forest and as such represents one of Norway's most important recreation areas with over a million users.

The European Commission has named Oslo as the European Green Capital 2019 for its dedication to conserving natural areas and reducing pollution. The compact city centre is easy and safe to explore on foot or by bike, and the efficient public transport system makes the entire city accessible without a car. Oslo is also in the process of being certified as a Sustainable Destination, a seal of approval given to destinations that work systematically to reduce the negative impact of tourism.

As one of Europe's fastest growing cities this decade, Oslo is buzzing with energy from new neighbourhoods and cutting-edge food, to fashion and art scenes. Captivating landmarks like the Opera House, the Astrup Fearnley Museum and Barcode are changing the face of the city, and Oslo maintains its refreshing closeness to nature that few other capitals can match.

Weather

Autumn in Oslo can be cold and wet so please bring warm, wind and rainproof clothing.

Find more on the Visit Oslo website: <https://www.visitoslo.com/en/>

European Green Capital official programme: <https://www.greencapital2019.com/event>



Travel Information

By Plane

The most direct way to Oslo is via Oslo Airport Gardermoen, located about 50 km northeast of the city centre: <https://avinor.no/en/airport/oslo-airport/>

From the airport you can take a train, bus or taxi to the city centre.

Trains

The train takes about 20 minutes from the airport to Oslo Central Station (otherwise known as Oslo S). The trains also stop at National Theatre Station which is a more convenient stop for Scandic Solli Hotel and other destinations in the western city centre. There are 2 alternatives:

1. Airport Express Train (Flytoget). Single fare NOK 196. Tickets and timetables: <https://flytoget.no/en/>
2. VY (until recently known as NSB) local and regional trains. Single fare NOK 105. Tickets and timetables: <https://www.vy.no/en>

N.B. Purchase tickets either online or at one of the vending machines in the airport station.

When alighting at National Theatre Station for Scandic Solli Hotel, use the Parkveien exit at the west of the station. That is, exit the station in the same direction as the train you arrived on from the airport.

Bus

Airport Express Coach (SAS Flybussen), runs between Oslo Airport and the city centre every 20 minutes, daily. Choose route FB2 to stop at Oslo Bus Terminal in the city centre. Single fare NOK 179 when purchased online (*a surcharge applies to tickets bought on-board*). Tickets and timetables: <https://www.flybussen.no/?dir=to>

Taxi

It is recommended that taxis are booked at the taxi information desk in the arrivals hall. The taxi information desk has information about the fixed rates of the different companies that operate out of Oslo Airport and can also book a taxi for you. Fares from NOK 680. Prices and information about taxis are available in this guide: <https://taxiguide.no/en/front-page/>

Alternative ways to get to Oslo

There are direct international train connections to Oslo from Stockholm and Gothenburg. Check the Swedish train operator's website: <https://www.sj.se/en/home.html#/>

For international bus connections try:

<https://www.nettbuss.com/#!>

<https://global.flixbus.com/>

<https://getbybus.com/en/>

Getting around in Oslo

You will find most destinations to be within reasonable walking distance. Should you need it, Oslo has a comprehensive public transport system with frequent buses, trams and metro trains.

Tickets for Oslo, Zone 1, cost NOK 36 and are valid for 1 hour, in which time you can change between different modes of travel as much as you like.

Trams and Metro

It is not possible to buy tickets on trams and metro trains. Tickets may be purchased before travelling from:

- Vending machines at Metro stations, larger bus and tram interchanges, and train stations
- The kiosks Narvesen, 7-Eleven, Deli De Luca and Mix, as well as some selected shops
- The public transport company RUTER's Customer Service Centre and Service Points

City buses and ferries

If you are unable to buy a ticket before travelling, you may buy single tickets on board buses and ferries. Payment is by cash, and denominations larger than NOK 200 are not accepted.

More information, including a journey planer, is available on the RUTER website:

<https://ruter.no/en/buying-tickets/>

Accommodation

The suggested hotels are committed to sustainability and are all eco-certified:

<https://www.visitoslo.com/en/your-oslo/green-oslo/green-accommodation/>

Prices are given in Norwegian Kroner (1 Euro = around 9.7 NOK).

4 star hotels

Scandic Solli (venue for working groups, 10 mins from City Hall)

Parkveien 68

0254 Oslo

+47 23 15 57 00

www.scandichotels.no

Single NOK 1190 *

Double NOK 1390 *

* Reduced price, available while rooms last. Use the following link for booking (select your language from the menu option at the top of the screen):

<http://www.scandichotels.no/dlredirect?nc=PROMO1190&HO=759&fromDate=2019-10-22&toDate=2019-10-25>

Scandic Victoria (2 mins from City Hall)

Rosenkrantz' gate 13

0121 Oslo

+47 24 14 70 00

www.scandichotels.no

Single NOK 1515

Double NOK 1675

First Hotel Millennium (8 mins from City Hall)

Tollbugata 25

0157 Oslo

+47 21 02 28 00

www.firsthotels.com

Single NOK 1650

Double NOK 1830

Thon Hotel Vika Atrium (10 mins from City Hall)

Munkedamsveien 45

0250 Oslo

+47 22 83 33 00

www.thonhotels.com

Single NOK 1400

Double NOK 1680

3 star hotels

Smarthotel Oslo (9 mins from City Hall)

St. Olavs Gate 26

0166 Oslo

+47 415 36 500

<https://smarthotel.no/en/oslo>

Single NOK 1040

Double NOK 1070

Oslo Guldsmeden (14 mins from City Hall)

Parkveien 78

0254 Oslo

+47 23 27 40 00

www.guldsmedenhotels.com

Single NOK 1000

Double NOK 1300

Thon Hotel Cecil (3 mins from City Hall)

Stortingsgata 8

0161 Oslo

+47 23 31 48 00

www.thonhotels.com

Single NOK 1530

Double NOK 1700

Economy

Cochs Pensjonat (14 mins from City Hall)

Parkveien 25

0350 Oslo

+47 23 33 24 00

www.cochspensjonat.no

Single NOK 610

Double NOK 800

Venues

Wednesday, 23 October

Scandic Solli Hotel (working group meetings)

Parkveien 68

0254 Oslo

<https://www.scandichotels.no/hotell/norge/oslo/scandic-solli>



Mangelsgården (restaurant for informal dinner)

Storgata 36

0182 Oslo

<https://www.mangelsgarden.no/>



Thursday-Friday, 24-25 October

Oslo City Hall (forum meeting and formal dinner)

Fridtjof Nansens plass

0160 Oslo

<https://www.visitoslo.com/en/product/?TLp=183783>



