

Utrecht's pledge to the EU Pillar of Social Rights

Leave no-one behind. Healthy Urban Living for Everyone. Those are the goals for Utrecht. Therefore as a city we pledge to **principle 16 on Health care: Everyone has the right to timely access to affordable, preventive and curative health care of good quality.**

The City of Utrecht always works together **with citizens** and professional partners for a Healthy Urban Living for Everyone. We developed a new strategy to work on a healthy city for all our citizens. We defined priorities in our Public Health Note to encompass health equity in all policies.

- Growing up healthy and safely
- Healthy income
- Healthy employers
- Healthy behaviour
- Healthy living environment

Our actions:

Growing up healthy and safely: Utrecht's ambition is that **every child has the opportunity to grow up healthy and to develop optimally.** Utrecht is a children's rights city and has the ambition to be a city where children get equal opportunities for a good start in life, grow up healthy and safely, to participate and to develop their talents in a safe and stimulating environment. For the coming phase we will focus the local effort on a healthy start for young children from minus 9 months (conception) to 6 years old and their parents.

Healthy income: Utrecht's ambition is that **all Utrechters can make a healthy living.** Work – paid and unpaid – adds meaning and structure to everyday life and generally leads to confidence and more social contacts. In our action programme Utrecht Debt Free we work on a Utrecht without debts.

Healthy employers: Healthy employment: Utrecht's ambition is that **employers in Utrecht are partners in working on healthy urban living for everyone.** Having a job has a major positive impact on people's health, and working conditions affect health of employees. In a continuous dialogue with employers we explore how to define and implement the principle of being a healthy employer for all employees.

Healthy behaviour: Utrecht's ambition is that **for every Utrechter the healthy choice becomes easier.** We address healthy lifestyles in a tailor made, behavioural and environmental perspective.

Healthy living environment: Utrecht's ambition is that **the living environment of Utrechters is designed in such way that healthy life is easy, the pressure on health is as low as possible and people feel comfortable.** We aim to protect, improve and develop healthy living environments including space for care facilities, sports, schools, parks, play areas, shops, meeting places, healthy food and more.

Health Hub Utrecht: In the Utrecht Health Hub we work in a multiple helix way with the cities' stakeholders. Our goal: a Happy and a Healthy life for all our citizens in 2030.

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#SocialRights #Health #Cities